

Peace Child Ambassador Programme

Training Schedule:

- 1 day Conflict & Communication Workshop
- 2 one-hour planning sessions

Needs:

- An appropriate training space (large enough to do active games that involve moving around the room).
- A supervising/contact staff member from the host school or youth organization.
- Assistance with finding appropriate groups who would benefit from receiving workshops run by the Peace Child Ambassadors (e.g. Years 6-8, feeder primary schools, etc.)

Aims:

- Increase awareness of their own triggers for anger and how they address conflict.
- Increase self-confidence and ability to address conflict situations in a positive manner.
- Increase the ability to identify various forms of discrimination and bullying and understand how they can affect others.
- Awareness that language as well as actions can create conflict and be discriminatory (i.e. popular slang words that may be offence to some).
- Address SEAL curriculum: *'Deal with and resolve conflict effectively and fairly', 'Manage strong feelings such as frustration, anger and anxiety,'* and most importantly, *'Understand and value the differences between people, respecting the right of others to have beliefs and values different from their own.'*
- Connect community conflict and individual conflict to larger issues and address how conflict can escalate when dealt with in a negative manner.
- Develop facilitation, leadership, and public speaking skills.
- Help empower young people to make positive changes within their community.

